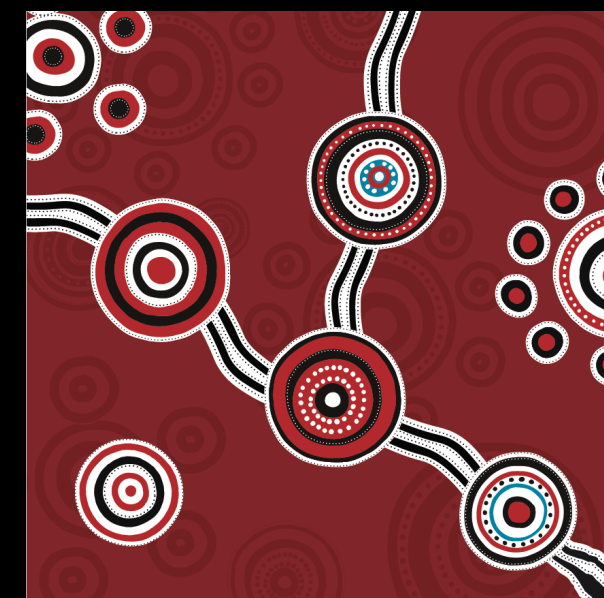


TIMHWPB CONGRATULATES PROF. HELEN MILROY

WA Australian of the Year



We are so proud to announce that Helen has won:

- the 2020 National Mental Health Prize,
- 2021 WA Australian of the Year,
- and is now in the running for 2021 Australian of the Year!

Helen started her esteemed career over 30 years ago as Australia's first Aboriginal medical doctor and psychiatrist and her work has been pivotal to developing Aboriginal health, child wellbeing and the cultural and clinical Aboriginal medicinal workforce.

Among her many titles, Helen has served as a commissioner with the Royal Commission into Institutional Responses to Child Sexual Abuse (2013), and the National Mental Health Commission (2017), and is the first Aboriginal commissioner to the Australian Football League (2018).

Helen's seminal research includes holistic medicine, child health and wellbeing, recovery from trauma and grief, application of Indigenous knowledges and health curriculum development.

She has developed numerous best-practice and culturally responsive clinical services, and developed training and education programmes that have been implemented nationally.

Helen is also a mother of two beautiful girls, a distinguished artist and children's book author.

We are very honoured to have her as a TIMHWPB stream leader and we can't wait to see what the future holds for her.

Click to read more about Helen here:

